



PROJECT  
NATIONAL  
INTERSCHOLASTIC  
CYCLING ASSOCIATION

### 2023 EMERGENCY ACTION PLAN (EAP)

Location / Park Name	<b>CACAPON SP</b>
Date of EAP	Spring 2023
Emergency Responder Contacts	911 for Medical / Police Scott Fortney - Park Super. 304-704-6381 Kelly Smith- Asst Supt 304-993-5620
Communication Methods Required	cell phone coverage on property
<b>Closest Hospitals equipped to manage acute trama and time to trailheads.</b>	War Mem Hosp (BS) 18 min / 12 miles Winchester Med Cts 28 min / 25 miles
<b>Estimated Evacuation time from least accessible location on trail or access point.</b>	10 minutes
<b>Time to definitive care and first aid required to NICA activities on trails.</b>	28 minutes
Access Points for emergency Access or transport (on map also)	see attached map
Water refill and Shelter locations (on map also)	Pit Zone, Blue Bird Shelter & Nature Center
Other park specific info	n/a
Heavy Rain Threshold	Joint call between League & Park
Maximum time to evacuate the trail due to weather (Code yellow or orange)	15 minutes
Creek/Rivers or Dry Creek bed prone to Flooding/Flash flood	n/a
Trails that are exposed or ridge lines or mountain tops that would need to be avoided if caught in a thunderstorm	Pit Zone is exposed
Shelters available onsite (appropriate for lightning)	No large shelter appropriate. Nature Center would work for a few persons.
Trails to be avoided by some or all ride groups either for technical reasons or stay within 1 hr of definitive care	Expert / technical trail within park but outside of pit zone and race course

**IMPORTANT -NEW INFO AED, NARCAN AND LIFEVAC (choking) available at MEDICAL TENT**